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| |  | | --- | |  | | 21 Oct 2016  Fit Fast and focussed (with great injury prevention and management) Invest in your shed and show performance! This one day course will impact on every part of your work - learn from and be inspired by the very best in their field- so you can be the best in yours! | |  | |  | |  | | --- | | Performance Tools for Shearers and WoolhandlersWorld Class speakersEarly Bird Price $147 After 30 SeptSingle: $167 Couples: $317Groups 10+: $150 ea  Every early bird registration goes in the draw to win a follow up personalised programme from Storm | |  | | Shear Pace [www.shearpace.com/fit-fast-and-focused-workshop](http://www.shearpace.com/fit-fast-and-focused-workshop)  The course is in Hastings the day before the HB Show  Call Storm: 021488575 | |